



SCHOLARLYTM
SOJOURNS
THINK INSIDE THE VACATION

Anglo-Saxon Britain

A sweeping archaeological, historical, and literary journey along England's east coast



Explore the Roots of the English-Speaking World

The Anglo-Saxons are arguably the most fascinating culture of medieval Europe – a remarkable and unique blending of Germanic, Latin, and Celtic traditions. Their art, literature, architecture, and history are intrinsically interesting for their own sake, but an understanding of their civilization also helps provide a deeper understanding of our own current cultural situation. Anglo-Saxon influences can be traced well beyond the Middle Ages to such diverse currents as the writings of Protestant Reformation polemicists, the appreciative musings of Thomas Jefferson (who wanted to put the Anglo-Saxon warriors Hengest and Horsa on the Great Seal), various Victorian appropriations, and even J.R.R. Tolkien's fantastical and nostalgic re-imaginings.

This sojourn examines exactly who the Anglo-Saxons were by exploring their astounding artistic and literary accomplishments in the land they ruled for over 500 years. The endeavor takes us to some of the most amazing archaeological and historical sites in the

British Isles: scarred battlefields, sacred locations, and city ruins, each of which reveals another layer of the Anglo-Saxon legacy and its enduring relevance. Along the way, Professor Michael Drout brings the Anglo-Saxon world to life through daily talks, presentations, and discussions. In particular, he helps us to explore the rich literary heritage of the Anglo-Saxons, often employing his ability to speak both Old and Middle English to impart authenticity to Anglo-Saxon texts.

In a very real sense, the culture the Anglo-Saxons formed in the British Isles during the years between the Roman withdrawal and the Norman Conquest, laid the foundations for the English-speaking world we know today. Exploring their story is not only fascinating, but it also makes for a breathtaking trek through some of the most stunning scenery and to the most interesting corners of Britain. Join us as we travel under the guidance of esteemed Medievalist Michael Drout on a journey to uncover the very profound Anglo-Saxon legacy.

Tour Summary: 2—5

Tour Leader: 5

Tour Map: 6

Lodging: 7

Highlights: 7

Details: 8



Tour Itinerary Overview

July 24: Newcastle—Holy Island—Bamburgh
July 25: Bamburgh—Hexham—Jarrow—Durham
July 26: Durham—Whitby—York
July 27: The day is spent in York

July 28: York—Cambridge—West Stowe—Felixstowe
July 29: Ipswich—Sutton Hoo—Maldon—Canterbury
July 30: Canterbury—Winchester
July 31: Tour concludes in Winchester, England

Day to Day Tour Summary

Sunday, July 24

You arrive in Newcastle upon Tyne, England this morning where you are greeted by your Scholarly Sojourns Tour Director and board a private coach for the one-hour journey north to fabled Holy Island. You are joined by a local historian who provides an introduction to the Anglo-Saxon Golden Age followed by an in-depth tour of both the island and the ruins of Lindisfarne Priory. Departing the Island before the incoming tide makes the narrow causeway impassable, we make our way south to Bamburgh Castle - site of an Anglo-Saxon citadel known as Ida's Seat from AD 547 - 993. The imposing edifice sits atop a basalt outcrop overlooking the North Sea and provides sweeping views back to Holy Island. This evening you join fellow sojourn members and tour leader, Michael Drout, for an opening reception followed by the keynote address and welcome dinner at our atmospheric hotel perched on the shores of the North Sea. (R, D)



The ruins of Lindisfarne Priory

Afterward, we head east to the renowned *Bede's World* in Jarrow for an in-depth look at the life of the great Anglo-Saxon scholar and cleric as well as an opportunity to examine remnants of actual Anglo-Saxon stained glasswork. We also explore nearby St. Paul's Church and the adjoining ruins of Jarrow Monastery, where Bede lived, worked, and worshiped. The original Saxon chancel survives and contains the oldest stained glass in the world. A stone slab recording the church's dedication on 23 April, AD 685 is found on a wall of the tower. From Jarrow we travel to the magnificent City of Durham where we enjoy a private, guided visit to its impressive cathedral - A UNESCO World Heritage Site which houses both Venerable Bede's tomb and St. Cuthbert's Shrine—followed by some free time to explore the city on our own. This evening we stay in a stunning, 14th-century castle where we gather in an atmospheric, private dining room with professor Drout and fellow sojourn members for the first of our two seminar dinners. (B, D)

Included meals are indicated in parentheses following each daily description:

B = Breakfast; L = Lunch; D = Dinner; R = Reception

"We were somewhat apprehensive to try an organized tour, but this experience was phenomenal."

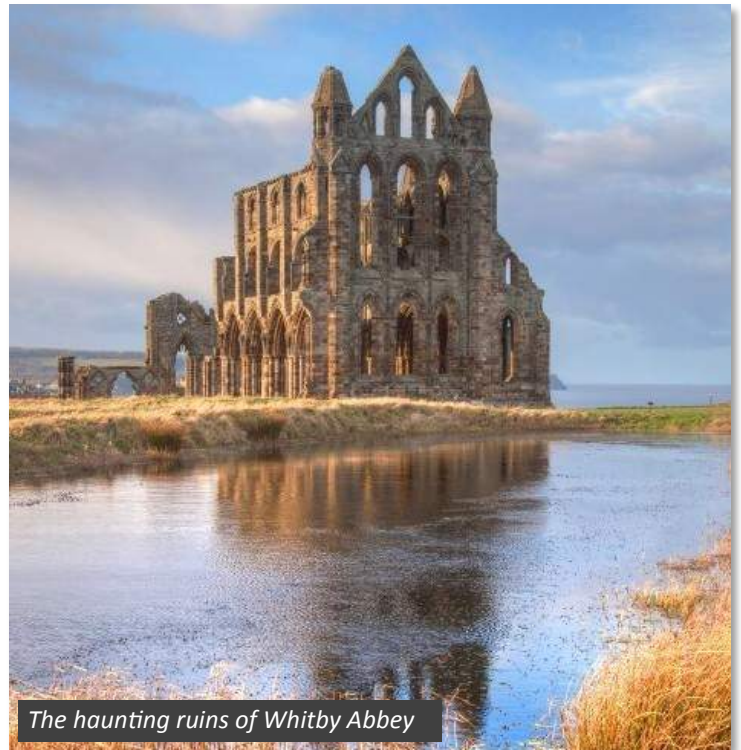
-Barbara B., Annapolis, MD



Day to Day Tour Summary

Tuesday, July 26

Departing Lumley Castle this morning, we see the nearby Church of St. Mary and St. Cuthbert, site of an earlier wooden shrine built by monks who had been driven from Lindisfarne by marauding Vikings. The monks carried St. Cuthbert's body with them and it was housed here for 112 years—making it the seat of the Bishop of Lindisfarne—until they moved on to a safer and more permanent home at Durham. Nearby we visit the monastery at Monkwearmouth where the young Bede arrived as a boy. Here, St. Peter's church still contains remnants of the original Saxon church built AD 674-75 on land given by King Egfrid of Northumbria. The impressive Saxon tower—one of a few still in existence—dates from before AD 1000. Midday we travel to the picturesque town of Whitby to tour the haunting ruins of Whitby Abbey—site of the Synod of Whitby in AD 664—perched high upon cliffs overlooking the town and sea. We take a moment to recite some lines of *Caedmon's Hymn* at the base of the monument erected to commemorate the Anglo-Saxon poet, before enjoying a few hours of free time to ex-



The haunting ruins of Whitby Abbey

plore the atmospheric fishing town. This afternoon we take what may very well be the most breathtaking drive of our tour as we journey across the stunning North York Moors National Park to the historic city of York. After checking into our hotel, the remainder of the evening is left free to enjoy the stunning city. (B)

Wednesday, July 27

This morning we take an in-depth walking tour of York followed a privately-guided visit to the renowned York Minster – the largest cathedral in Northern Europe. Although the current edifice dates from about AD 1220, its predecessor was built for the baptism of the Anglo-Saxon king Edwin in AD 627. Under his rule, the city became one of the most important centers of scholarship in the medieval world. A visit to the Yorkshire Museum allows us to examine several significant Anglo-Saxon artifacts, most notably the stunning York Helmet, which provides insight to the level of sophistication and wealth Anglo-Saxon civilization achieved here. The entire afternoon and evening are left free for you to enjoy more of York, perhaps taking in a lunch along the riverfront or visiting Jorvik Viking Center for an authentic glimpse of the invaders who posed a serious threat to Anglo-Saxon civilization. (B)



Imposing York Minster towers over the Shambles in York



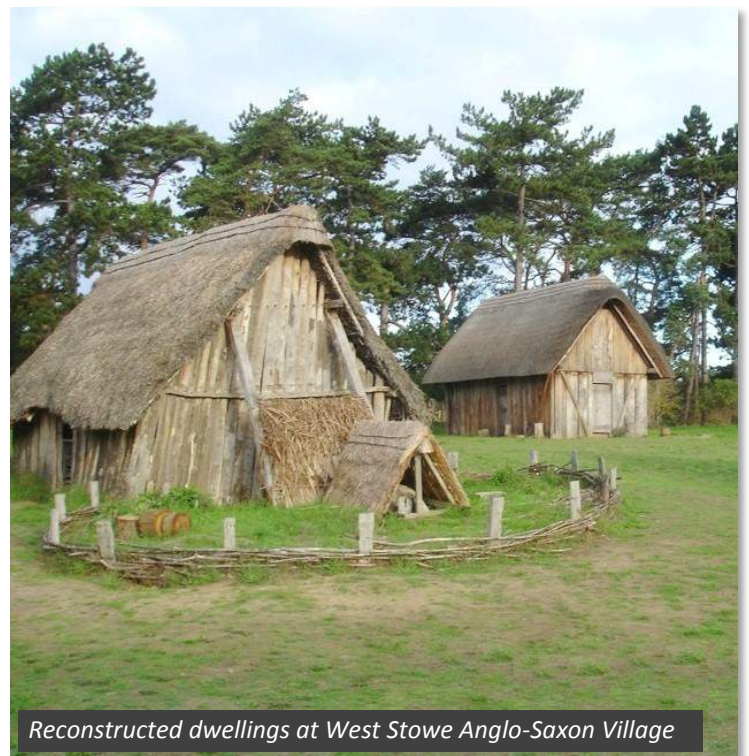
Day to Day Tour Summary

Thursday, July 28

We depart York early this morning and enjoy Professor Drout's daily briefing en route to the historic city of Cambridge. After some free time here to explore and enjoy lunch, we take a privately-guided tour of the renowned Parker Library and its stunning collection of priceless, Anglo-Saxon manuscripts. Departing Cambridge we journey to the reconstructed Anglo-Saxon village at West Stow—an experimental archaeological site—to experience an authentic glimpse of 7th-century, Anglo-Saxon village life. This afternoon we pass through the Saxon royal town of Bury St. Edmunds where we pause to admire the ruins of the magnificent abbey before continuing to our hotel in the charming maritime town of Felixstowe. The day concludes with our second seminar dinner of the tour, this one in a centuries-old hostelry. (B, D)

Friday, July 29

This morning we experience a highlight of our tour—a visit to the amazing, Anglo-Saxon burial site at Sutton Hoo, which dates back to the 6th century. Here we take a private tour of the royal burial mounds and the impressive museum with its life-size reconstruction of the Anglo-Saxon burial ship. Following the tour we spread our blankets for a Scholarly Sojourns signature picnic and Professor Drout sheds more light upon the significance of this tremendous archaeological discovery. This afternoon we stop at Maldon to view the un-



Reconstructed dwellings at West Stowe Anglo-Saxon Village

assuming location of the valiant battle against Viking invaders and perhaps recite a few lines from the epic poem it inspired. Nearby, at Bradwell-on-Sea, we visit the remarkable Chapel of St Peter-on-the-Wall—England's 19th-oldest building—constructed as an Anglo-Celtic Church for the East Saxons in AD 654 by St Cedd who had come down from Lindisfarne to spread Christianity. This evening we arrive in the historic city of Canterbury and enjoy a guided visit to the ruins of St. Augustine's Abbey—founded in AD 598 by St. Augustine. Afterward, we check into our historic hotel, located in the shadows of Canterbury's impressive cathedral—also founded by St. Augustine—a UNESCO World Heritage Site. The evening is left free for you to relax, explore, and dine in the city. (B, L)

Saturday, July 30

This morning visit the humble parish church of St. Martin - the oldest in Britain and a remarkable Anglo-Saxon relic. It was here that St. Augustine—sent from Rome to Britain by Pope Gregory the Great in 596—first began to preach and here that he established his mission. With help from devout Queen Bertha, wife of the Anglo-Saxon King Ethelbert, his endeavor would thrive and together they would persuade the king



Majestic Canterbury Cathedral—a UNESCO Heritage Site

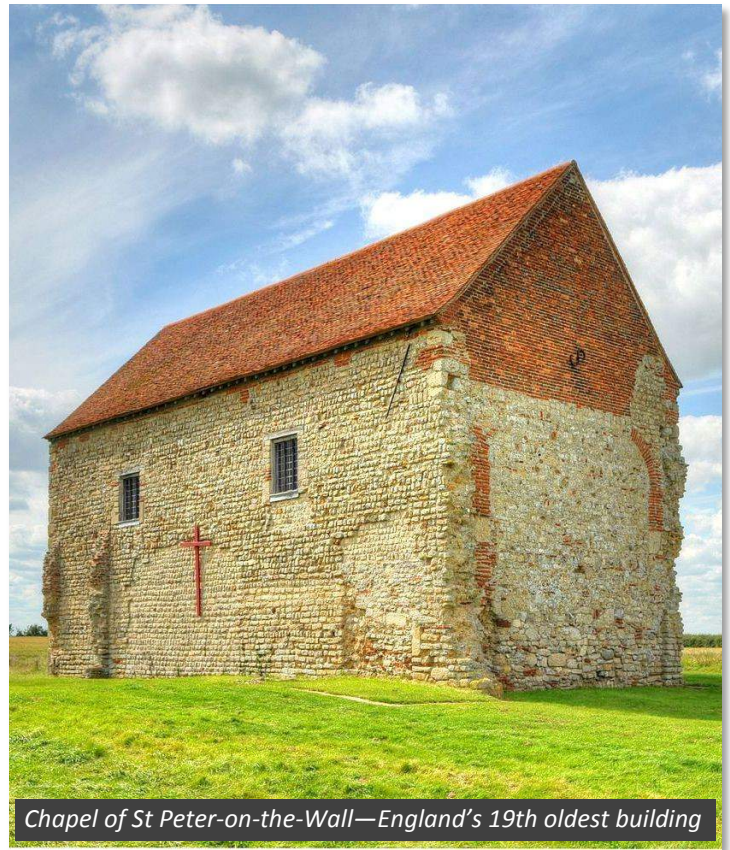


Day to Day Tour Summary

himself to convert, thus paving the way for the spread of Christianity throughout Britain. This afternoon we travel to the historic city of Winchester where we visit the impressive collection of Anglo-Saxon relics at the city museum before checking into our hotel. Tonight we gather for a special reception and closing dinner at an historic restaurant near the town center. (B, R, D)

Sunday, July 31

Following breakfast we take a walking tour of Winchester and the remains of its impressive, original Saxon street plan, laid out by King Alfred the Great in the 9th century to provide defense against raids by the Vikings. We also visit the Saxon remnants of the city's imposing cathedral. It was at this cathedral that the Anglo-Saxon Bishop Aethelwold produced the first written evidence we have of the dramatization of liturgy in England, found in his *Regularis Concordia*. Over time, these liturgical dramatic pieces evolved into the Medieval Mystery Plays. Afterward, we gather to say our good-byes before making our way to the train station or airport for departures. (B)



Chapel of St Peter-on-the-Wall—England's 19th oldest building

Your Tour Leader is a Celebrated Medievalist with a Flair for Old English



A specialist in both medieval literature and fantasy, Professor Drout received his Ph.D. from Loyola University in 1997. He also holds M.A. degrees from Stanford (journalism) and the University of Missouri-Columbia (English literature) and a B.A. from Carnegie Mellon. Professor Drout was awarded Wheaton's Faculty Appreciation Award (2002) and Prentice Professorship (2003-2008) for his teaching and has been a Millicent C. McIntosh Fellow of the Woodrow Wilson Institute. He is the editor of J.R.R. Tolkien's *Beowulf* and the *Critics* (which won the Mythopoeic Scholarship Award for Inklings Studies for 2003), and the J.R.R. Tolkien Encyclopedia (2007), and is co-editor and co-founder of the journal *Tolkien Studies*. His books include *How Tradition Works: A Meme-Based Poetics of the Anglo-Saxon Tenth Century* (2006), *Drout's Quick and Easy Old English* (2012), and *Tradition and Influence in Anglo-Saxon Literature* (2013). A new book, *The Lexomic Analysis of Beowulf*, will be published in 2016. His current research includes work on computer-assisted statistical analysis of texts that has been supported by three grants from the National Endowment for the Humanities. Drout has

recorded 13 books for Recorded Books' Modern Scholar series, including *A Way With Words IV: Understanding Poetry*, which was a finalist for a 2010 Audie Award. Drout has previously led the Anglo-Saxon Britain sojourn for Scholarly Sojourns, and has lectured in England, Iceland, Ireland, Italy, Finland, Norway, Canada and throughout the United States. His website is <http://michaeldrout.com>.



You Travel from North to South on a Sweeping Journey Along England's Beautiful East Coast



Atmospheric, Boutique Hotels Create the Perfect Backdrop for Your Tour



Victoria Hotel - Bamburgh

Set on the delightful village green in the shadows of the magnificent Bamburgh Castle, the Victoria Hotel offers stunning accommodation in the picturesque Northumberland village of Bamburgh. Each of its comfortable guest rooms is furnished to exacting standards and many offer views of the castle or the shimmering North Sea.



Lumley Castle Hotel - Durham

Built in 1389 by Ralph Lumley after returning from wars in Scotland, the magnificent Lumley Castle dominates the County Durham landscape. Overlooking the River Wear, the 14th-century edifice is a magnificent monument to a bygone age of chivalry and honor. The atmosphere inside is simply amazing—whether relaxing in the opulently-furnished guest rooms, dining on award-winning cuisine in the Black Knight Restaurant, or enjoying a drink in wood-paneled Library Bar.



Orwell Hotel - Felixstowe

Dating to 1898, the Orwell Hotel is a traditional, boutique hotel, which has been refurbished to exacting standards while retaining much of its original Victorian character. Today, the spacious public areas are wood-paneled and traditionally decorated with a wealth of charm and elegance. The impressive Victorian property sits at the center of the lovely, Edwardian seaside town of Felixstowe.

The Highlights and Special Features of Your Tour

- Your sojourn leader, Professor Michael Drout, is a noted expert on Anglo-Saxon literature and is a fluent speaker of both Old and Middle English
- Journey to the ancient site of Holy Island with a private, guided tour of Lindisfarne Priory and a visit to the Lindisfarne Gospels Exhibition
- A visit to the historic and picturesque city of Durham, its iconic cathedral—the finest example of Romanesque architecture in the world—and castle comprising a UNESCO World Heritage Site
- A night at historic, 14th-century Lumley Castle with a group dinner in one of its atmospheric, private dining rooms.
- Two nights in the historic city of York with its 14th-century Shambles and stunning York Minster—the largest cathedral in Northern Europe
- An afternoon drive across the stunning North Yorkshire Moors National Park
- Private, guided visits to the reconstructed Anglo-Saxon settlement at West Stow and the Anglo-Saxon burial sites at Sutton Hoo
- Visits to Hexham Abbey and the ruins of the twin monasteries at Monkwearmouth and Jarrow to view some of the best surviving examples of Anglo-Saxon architecture
- A private, guided visit to the Parker Library at Cambridge University to view its unrivaled collection of Anglo-Saxon Manuscripts
- A night in historic Canterbury in the very shadows of Canterbury Cathedral - A UNESCO World Heritage Site
- An afternoon visit to the historic fishing village of Whitby, North Yorkshire, with a guided tour of the remains of Whitby Abbey
- Visits to St. Augustine's Abbey and the Church of St. Martin in Canterbury—England's oldest church



Tour Details

Anglo-Saxon Britain

Dates:

July 24 — 31, 2016 (Sojourn #1031630)

Price:

\$3,095/Person (Double Occupancy)

\$3,490/Person (Single Occupancy)

**Click here to
register online!**

Tour begins/concludes:

Newcastle upon Tyne, England / Winchester, England

Optional air package*:

\$1,195/Person

*Includes round-trip airfare: New York — Newcastle / London — New York, airport transfers in the UK, and 100% travel assurance. Departures from other US cities are also available. Price is subject to change until booked.

Price Includes:

Eight-day travel program of sightseeing, visits, presentations, and discussions led by Michael Drout, 7 nights accommodation in superior, boutique hotels, all breakfasts and other meals as indicated on the day to day summary, opening and closing receptions, all entrance fees, visits, excursions, and sightseeing as noted in the detailed itinerary, private guides, ground transportation, all gratuities (except for hotel porters), and all other sojourn activities as described in the day to day summary.

Price Does Not Include:

Airfare; airport transfers; meals not indicated in this detailed itinerary; beverage options other than water, wine, beer, or soft-drinks with group meals; local transportation by bus, taxi, metro or light rail; passport or visa fees and necessary photos; immunizations; travel insurance; excess baggage charges; airport taxes; medical, hospitalization, or evacuation costs; gratuities for hotel porters; laundry; other personal items, including incidental hotel charges; any other item not specifically indicated.

Arrival and Departure Information

Meeting location:

This tour begins in Newcastle upon Tyne England. There are two meeting points: Newcastle upon Tyne rail station and Newcastle Airport. Those making their own travel arrangements should plan to arrive at one of these locations by 12:00 PM on Sunday, July 24, 2016. You will be greeted by your Scholarly Sojourns Tour Director who will assist you boarding the coach that will transport the group north to Holy Island and Bamburgh.

Sojourn Start Time:

The program begins at 13:00 on July 24, 2016 upon the group's arrival at Holy Island. The first activity is a guided tour of the ruins of Lindisfarne Priory.

Sojourn Conclusion:

Your sojourn concludes at approximately 12:00 PM on Sunday, July 31st in Winchester, England. An optional shuttle service will be offered for those wishing to travel from there to Heathrow Airport or central London. If making your own flight arrangements, please allow for enough time to travel to the airport after the program ends.

Early Arrival or Late Departure:

Scholarly Sojourns is happy to assist you with booking additional nights prior to the start of your tour or following its conclusion. Often we are able to secure better rates than are available to the general public.

Registration Information

To register or for further information:

Call us: 1-800-419-3443

We are ready to assist you Monday to Friday from 9:00 AM to 5:00 PM (EST).

Visit us at: www.scholarlysojourns.com

Here you will find an online registration form as well as a printable version. You will also find the most up-to-date details on this sojourn and all of the other programs offered by Scholarly Sojourns.

Other Information

Sojourn Combinations: Save \$250 per person and receive a free transfer between locations when you book two consecutive sojourns.

Please Note: The information presented here details this sojourn's planned activities, meals, accommodations, and starting/ending times. We reserve the right to make changes which will improve the program or when circumstances beyond our control necessitate such modifications. Prices are subject to change until booked. Complete terms and conditions are available at our website.



Scholarly Sojourns · 2723 South State Street · Suite 150 · Ann Arbor, Michigan 48104
(800) 419-3443 · www.scholarlysojourns.com · info@scholarlysojourns.com · Fax: (202) 802-9470

© 2015 Scholarly Sojourns