

Anglo-Saxon Britain

DISCOVER THE ROOTS OF THE ENGLISH-SPEAKING WORLD



A SCHOLARLY
SOJOURN

A SWEEPING ARCHAEOLOGICAL, HISTORICAL, & LITERARY JOURNEY
ALONG ENGLAND'S EAST COAST TO DISCOVER THE MOST FASCINATING
CULTURE OF MEDIEVAL EUROPE

TOUR DETAILS AT A GLANCE

2019 DEPARTURE

July 28—August 4, 2019

PRICE

\$3,195/person (double occupancy)

\$3,595/person (single occupancy)

TOUR BEGINS

Newcastle upon Tyne, England

TOUR CONCLUDES

Winchester, England

OPTIONAL AIR PACKAGE

From \$1,195/person*

*See page 10 for details

TO REGISTER

Call us at **1-800-419-3443** or

Use the [online registration form](#)

CLICK HERE TO
REGISTER ONLINE

ABOUT SCHOLARLY SOJOURNS

Not only our name, but also what we call our flagship tours, Scholarly Sojourns are intellectually-stimulating travel programs that explore fascinating topics in history, literature, archaeology, art history, and science. Designed and guided by distinguished scholars, these engaging journeys provide the unique opportunity to explore a subject on location.



The ruins of Lindisfarne Priory

Anglo-Saxon Britain

DISCOVER THE ROOTS OF THE ENGLISH-SPEAKING WORLD

The Anglo-Saxons are arguably the most fascinating culture of medieval Europe – a remarkable and unique blending of Germanic, Latin, and Celtic traditions. Their art, literature, architecture, and history are certainly interesting purely for their own sake, but an understanding of Anglo-Saxon civilization also helps provide a deeper understanding of our own current cultural situation. Anglo-Saxon influences can be traced well beyond the Middle Ages to such diverse currents as the writings of Protestant Reformation polemicists, the appreciative musings of Thomas Jefferson (who wanted to put the Anglo-Saxon warriors Hengest and Horsa on the Great Seal), various Victorian appropriations, and even J.R.R. Tolkien's fantastical and nostalgic reimaginings.

This sojourn examines exactly who the Anglo-Saxons were by exploring their astounding artistic and literary accomplishments in the land they ruled for over 500 years. The endeavor takes us to some of the most amazing archaeological and historical sites in the British Isles: scarred battlefields, sacred locations, and city ruins, each of which reveals another layer of the Anglo-Saxon legacy and its enduring relevance. Along the way, Professor Michael Drout brings the Anglo-Saxon world to life through daily talks, presentations, and discussions. In particular, he helps us to explore the rich literary heritage of the Anglo-Saxons, often employing his ability to speak both Old and Middle English to impart authenticity to Anglo-Saxon texts.

In a very real sense, the culture the Anglo-Saxons formed in the British Isles during the years between the Roman withdrawal and the Norman Conquest, laid the foundations for the English-speaking world we know today. Exploring their story is not only fascinating, but it also makes for a breathtaking trek through some of the most stunning scenery and to the most interesting corners of Britain. Join us as we travel under the guidance of esteemed medievalist Michael Drout on a journey to uncover the very profound Anglo-Saxon legacy.

Day-to-Day Tour Summary

DAY 1

ARRIVE IN NEWCASTLE

You arrive in Newcastle upon Tyne, England this morning where you are greeted by your Scholarly Sojourns Tour Director and board a private coach for the one-hour journey north to Bamburgh Castle—site of an Anglo-Saxon citadel known as Ida's Seat from AD 547—993. The imposing edifice sits atop a basalt outcrop overlooking the North Sea and provides sweeping views back to Holy Island. After an intriguing tour, you are joined by a local historian who escorts you to fabled Holy Island before the incoming tide makes the narrow causeway impassable for the remainder of the day. One upon the island, your guide provides an introduction to the Anglo-Saxon Golden Age followed by an in-depth tour of both the island and the ruins of Lindisfarne Priory. This evening you check into the atmospheric Manor House Hotel and then join fellow sojourn members and tour leader Michael Drout for an opening reception followed by the keynote address and welcome dinner. [R | D]

DAY 2

HOLY ISLAND TO DURHAM

After breakfast this morning, we depart Holy Island and travel south to the town of Hexham. Here we enjoy a visit to Hexham Abbey—one of the few abbeys to survive the dissolution of monasteries decreed by King Henry VIII in 1527—where we see the surviving Anglo-Saxon crypt which has remained largely unchanged since it was built by St. Wilfred in AD 671. Afterward, we head east to Jarrow where we take an in-depth look at the life of the great Anglo-Saxon scholar and cleric, the Venerable Bede. At St. Paul's Church and the adjoining ruins of Jarrow Monastery, we see where Bede lived, worked, and worshiped. The original Saxon chancel of the church survives and one of its windows contains the oldest stained glass in the world. A stone slab recording the church's dedication on 23 April, AD 685 is found on a wall of the tower. From Jarrow we travel to the magnificent city of Durham where we enjoy a private, guided visit to its impressive cathedral—a UNESCO World Heritage Site which houses both Bede's tomb and St. Cuthbert's Shrine—followed by some free time to explore the city on our own. This evening we stay in a stunning, 14th-century castle where we gather in an atmospheric, private dining room with Professor Drout and fellow sojourn members for the first of our two seminar dinners. [B | D]



7th-century crypt at Hexham Abbey

ITINERARY OVERVIEW

DAY 1: SUNDAY

July 28

Tour begins Newcastle

DAY 2: MONDAY

July 29

Holy Island to Durham

DAY 3: TUESDAY

July 30

Durham to York

DAY 4: WEDNESDAY

July 31

York

DAY 5: THURSDAY

August 1

York to Felixstowe

DAY 6: FRIDAY

August 2

Felixstowe to Canterbury

DAY 7: SATURDAY

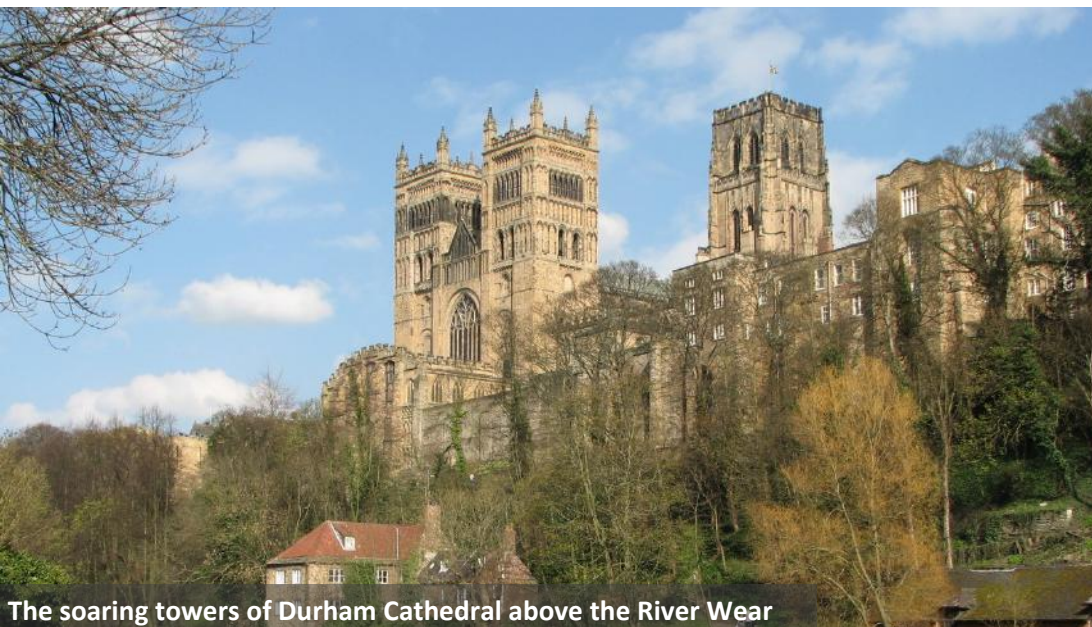
August 3

Canterbury to Winchester

DAY 8: SUNDAY

August 4

Winchester



The soaring towers of Durham Cathedral above the River Wear

TOUR HIGHLIGHTS

- ◆ Your sojourn leader, Professor Michael Drout, is a noted expert on Anglo-Saxon literature and is a fluent speaker of both Old and Middle English
- ◆ Spend a night on atmospheric Holy Island and enjoy a private, guided tour of Lindisfarne Priory and a visit to the Lindisfarne Gospels Exhibition
- ◆ A visit to the historic and picturesque city of Durham, its iconic cathedral—the finest example of Romanesque architecture in the world—and castle comprising a UNESCO World Heritage Site
- ◆ A night at historic, 14th-century Lumley Castle with a group dinner in one of its atmospheric, private dining rooms
- ◆ Two nights in the historic city of York with its 14th-century Shambles and stunning York Minster—the largest cathedral in Northern Europe
- ◆ An afternoon drive across the stunning North Yorkshire Moors National Park

“We were somewhat apprehensive to try an organized tour, but this experience was phenomenal.”

-Barbara B., Annapolis, MD



Canterbury Cathedral

Day-to-Day Tour Summary

DAY 3

DURHAM TO YORK

Departing Lumley Castle this morning, we see the nearby Church of St. Mary and St. Cuthbert, site of an earlier wooden shrine built by monks who had been driven from Lindisfarne by marauding Vikings. The monks carried St. Cuthbert's body with them and it was housed here for 112 years—making it the seat of the Bishop of Lindisfarne—until they moved on to a safer and more permanent home at Durham. Nearby we visit the monastery at Monkwearmouth where the young Bede arrived as a boy. Here, St. Peter's Church still contains remnants of the original Saxon church built AD 674-75 on land given by King Egfrid of Northumbria. The impressive Saxon tower—one of a few still in existence—dates from before AD 1000. Midday we travel to the picturesque town of Whitby to tour the haunting ruins of Whitby Abbey—site of the Synod of Whitby in AD 664—perched high upon cliffs overlooking the town and sea. We take a moment to recite some lines of *Caedmon's Hymn* at the base of the monument erected to commemorate the Anglo-Saxon poet, before enjoying a few hours of free time to explore the atmospheric fishing town. This afternoon we take what may very well be the most breathtaking drive of our tour as we journey across the stunning North York Moors National Park to the historic city of York. After checking into our hotel, the remainder of the evening is left free to enjoy the stunning city. [B]

DAY 4

YORK

This morning we take an in-depth walking tour of York followed by a privately-guided visit to the renowned York Minster – the largest cathedral in Northern Europe. Although the current edifice dates from about AD 1220, its predecessor was built for the baptism of the Anglo-Saxon King Edwin in AD 627. Under his rule, the city became one of the most important centers of scholarship in the medieval world. A visit to the Yorkshire Museum allows us to examine several significant Anglo-Saxon artifacts, most notably the stunning York Helmet, which provides insight to the level of sophistication and wealth Anglo-Saxon civilization achieved here. The entire afternoon and evening are left free for you to enjoy more of York, perhaps taking in a lunch along the riverfront or visiting Jorvik Viking Center for an authentic glimpse of the invaders who posed a serious threat to Anglo-Saxon civilization. [B]

Day-to-Day Tour Summary

DAY 5

YORK TO FELIXSTOWE

We depart York early this morning and enjoy Professor Drout's daily briefing en route to the historic city of Cambridge. After some free time here to explore and enjoy lunch, we take a privately-guided tour of the renowned Parker Library and its stunning collection of priceless, Anglo-Saxon manuscripts. Departing Cambridge we journey to the reconstructed Anglo-Saxon village at West Stow—an experimental archaeological site—to experience an authentic glimpse of 7th-century Anglo-Saxon village life. This afternoon we pass through the Saxon royal town of Bury St. Edmunds where we pause to admire the ruins of the magnificent abbey before continuing to our hotel in the charming maritime town of Felixstowe. The day concludes with our second seminar dinner of the tour, this one in a centuries-old hostelry. [B | D]

DAY 6

FELIXSTOWE TO CANTERBURY

This morning we experience a highlight of our tour—a visit to the amazing, Anglo-Saxon burial site at Sutton Hoo, which dates back to the 6th century. Here we take a private tour of the royal burial mounds and the impressive museum with its life-size reconstruction of the Anglo-Saxon burial ship. Following the tour we spread our blankets for a Scholarly Sojourns signature picnic and Professor Drout sheds more light upon the significance of this tremendous archaeological discovery. This afternoon we stop at Maldon to view the unassuming location of the valiant battle against Viking invaders, and, perhaps, recite a few lines from the epic poem it inspired. Nearby, at Bradwell-on-Sea, we visit the remarkable Chapel of St Peter-on-the-Wall—England's 19th-oldest building—constructed as an Anglo-Celtic Church for the East Saxons in AD 654 by St Cedd who had come down from Lindisfarne to spread Christianity. This evening we arrive in the historic city of Canterbury and enjoy a guided visit to the ruins of St. Augustine's Abbey—founded in AD 598 by St. Augustine. Afterward, we check into our historic hotel, located in the shadows of Canterbury's impressive cathedral—also founded by St. Augustine—a UNESCO World Heritage Site. The evening is left free for you to relax, explore, and dine in the city. [B | L]



The haunting ruins of Whitby Abbey

BOOKING IS EASY!

1) CALL TO REGISTER OR USE OUR ONLINE REGISTRATION FORM

Call us at 1-800-419-3443. Our friendly customer service team is ready to assist you Mon—Fri, 9:00AM—5:00PM (EST). Or, you can complete the [online registration form](#) anytime.

2) WE WILL CONFIRM YOUR REGISTRATION BY EMAIL

Within 24 hours you will receive an email confirmation of your registration along with some additional information and an invoice for the deposit due.

3) RETURN THE PAPERWORK AND PAY YOUR DEPOSIT

Simply review the registration documents and pay the deposit within 14 days to finalize your booking.

[CLICK HERE TO REGISTER ONLINE](#)

SAVE WITH SOJOURN COMBINATIONS!

Save \$250 per person and receive a free transfer between locations when you book two consecutive sojourns.

THIS TOUR COMBINES WELL WITH:

[ROMAN BRITAIN](#)
[VIKINGS AND SAGAS](#)



Reconstructed dwellings at West Stowe Anglo-Saxon Village

TOUR HIGHLIGHTS

- ◆ Private, guided visits to the re-constructed Anglo-Saxon settlement at West Stow and the Anglo-Saxon burial sites at Sutton Hoo
- ◆ Visits to Hexham Abbey and the ruins of the twin monasteries at Monkwearmouth and Jarrow to view some of the best surviving examples of Anglo-Saxon architecture
- ◆ A private, guided visit to the Parker Library at Cambridge University to view its unrivaled collection of Anglo-Saxon Manuscripts
- ◆ A night in historic Canterbury in the very shadows of Canterbury Cathedral—a UNESCO World Heritage Site
- ◆ An afternoon visit to the historic fishing village of Whitby, North Yorkshire, with a guided tour of the remains of Whitby Abbey
- ◆ Visits to St. Augustine's Abbey and the Church of St. Martin in Canterbury—England's oldest church

"This was my first trip to England, and it was the best introduction to the country, its culture, and its history, that I could ask for. I wouldn't want to travel any other way!"

- Jeffrey S., Kitchener, ON



Chapel of St Peter-on-the-Wall—England's 3rd oldest building

Day-to-Day Tour Summary

DAY 7

CANTERBURY TO WINCHESTER

Following breakfast, we enjoy some free time to explore Canterbury on our own this morning. Some may wish to visit the celebrated cathedral which has been a pilgrimage site for nearly one thousand years. In addition to its most famous edifice, Canterbury also boasts the ruins of a Norman castle as well as a number of museums and shops. At midday we gather to visit the humble parish church of St. Martin—the oldest in Britain and a remarkable Anglo-Saxon relic. It was here that St. Augustine—sent from Rome to Britain by Pope Gregory the Great in 596—first began to preach and here that he established his mission. With help from devout Queen Bertha, wife of the Anglo-Saxon King Ethelbert, his endeavor would thrive and together they would persuade the king himself to convert, thus paving the way for the spread of Christianity throughout Britain. This afternoon we travel to the historic city of Winchester, where we are treated to a private tour of the city's imposing cathedral which focuses on its Anglo-Saxon remnants. It was at this cathedral that the Anglo-Saxon Bishop Aethelwold produced the first written evidence we have of the dramatization of liturgy in England, found in his *Regularis Concordia*. Over time, these liturgical dramatic pieces evolved into the Medieval Mystery Plays. Afterward, we visit the impressive collection of Anglo-Saxon relics at the city museum before checking into our hotel. Tonight we gather for a special reception and closing dinner at an historic restaurant near the town center. [B | R | D]

DAY 8

WINCHESTER

Following breakfast we take a special, guided walking tour of Winchester and the remains of its impressive, original Saxon street plan, laid out by King Alfred the Great in the 9th century to provide defense against raids by the Vikings. Afterward, we gather to say our goodbyes before making our way to the train station or airport for departures. [B]

Lodging



Manor House Hotel - Holy Island

Situated on the Holy Island of Lindisfarne, the Manor House Hotel was once the graceful summer home of the lord of several nearby manors. Located at the very heart of the island, the hotel is adjacent to the historic priory where the Lindisfarne Gospels were created and it boasts magnificent views of both the castle and the harbor.



Lumley Castle Hotel - Durham

Built in 1389, magnificent Lumley Castle dominates the County Durham landscape. The 14th-century edifice is a monument to a bygone age of chivalry and honor. The atmosphere inside is simply amazing—whether relaxing in the opulently-furnished guest rooms, dining on award-winning cuisine in the Black Knight Restaurant, or enjoying a drink in wood-paneled Library Bar.



Orwell Hotel - Felixstowe

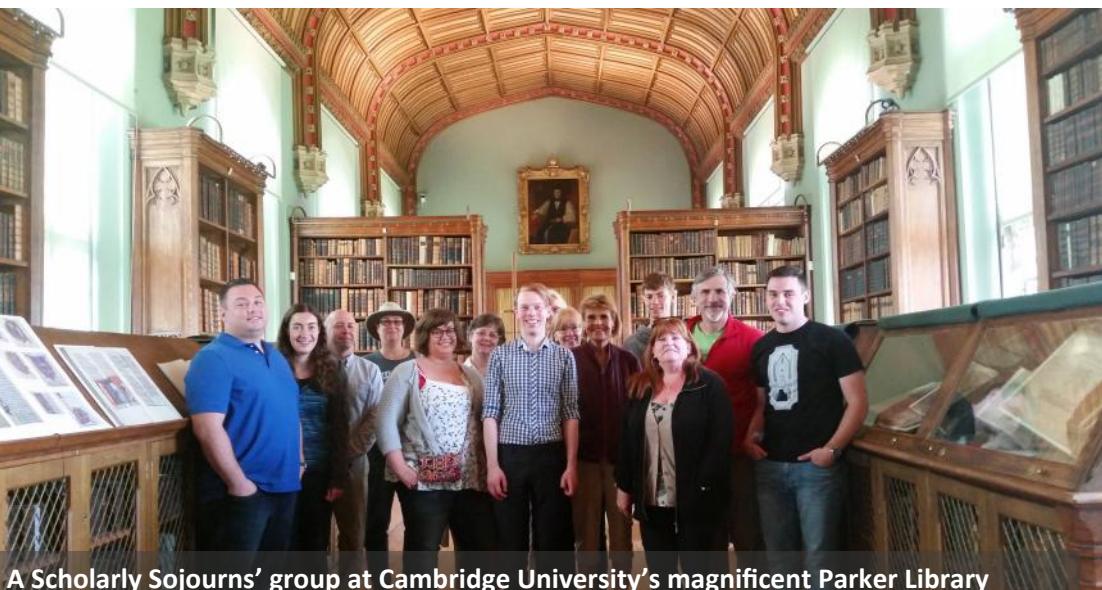
Dating to 1898, the Orwell Hotel is a traditional, boutique hotel, which has been refurbished to exacting standards while retaining much of its original Victorian character. The spacious public areas are wood-paneled and traditionally-decorated with a wealth of charm and elegance. The impressive Victorian property sits at the center of the lovely, Edwardian seaside town of Felixstowe.

For a complete list of lodging on this tour, please visit www.scholarlysojourns.com.



YOUR TOUR LEADER

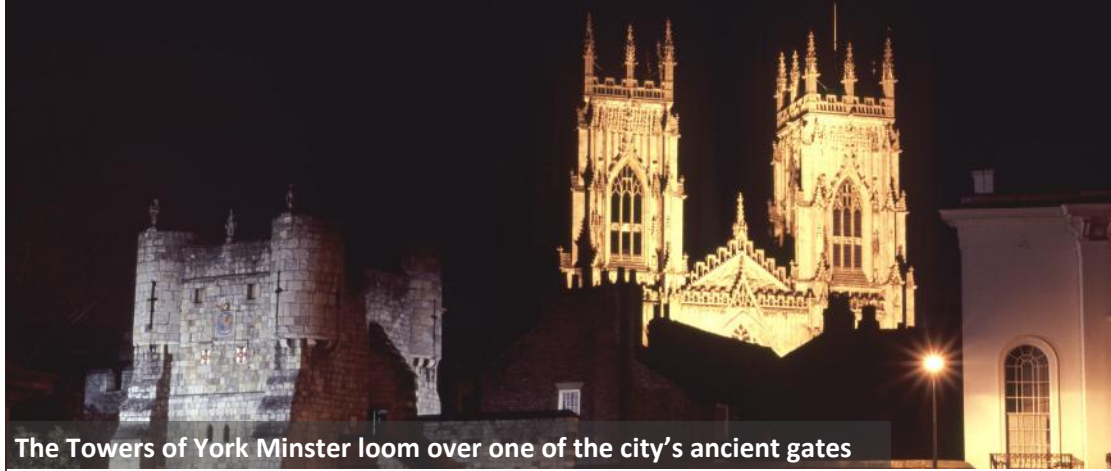
A specialist in both medieval literature and fantasy, Michael Drout is Professor of English and Director of the Center for the Study of Medieval at Wheaton College in Norton, MA. He received his Ph.D. from Loyola University in 1997 and also holds M.A. degrees from Stanford (journalism) and the University of Missouri-Columbia (English literature) and a B.A. from Carnegie Mellon. He was awarded Wheaton's Faculty Appreciation Award (2002) and Prentice Professorship (2003-2008) for his teaching and has been a Millicent C. McIntosh Fellow of the Woodrow Wilson Institute. Drout is the editor of J.R.R. Tolkien's *Beowulf and the Critics* (which won the Mythopoeic Scholarship Award for Inklings Studies for 2003), and the *J.R.R. Tolkien Encyclopedia* (2007), and is co-editor and co-founder of the journal *Tolkien Studies*. His many books include *How Tradition Works: A Meme-Based Poetics of the Anglo-Saxon Tenth Century* (2006), *Drout's Quick and Easy Old English* (2012), *Tradition and Influence in Anglo-Saxon Literature* (2013), and *Beowulf Unlocked: New Evidence from Lexomic Analysis* (2016). He has also recorded 13 audio programs for The Modern Scholar, including *A Way With Words IV: Understanding Poetry*, which was a finalist for a 2010 Audie Award. His current research focuses on computer-assisted statistical analysis of texts and has been supported by three grants from the National Endowment for the Humanities.



A Scholarly Sojourns' group at Cambridge University's magnificent Parker Library

WHAT YOU SEE

- HOLY ISLAND
- LINDISFARNE PRIORY
- BAMBURGH CASTLE
- HEXHAM ABBEY
- ST. PAUL'S MONESTARY
- DURHAM CATHEDRAL
- BEDE'S TOMB
- ST. CUTHBERT'S SHRINE
- LUMLEY CASTLE
- CHURCH OF ST. MARY AND ST. CUTHBERT
- WHITBY ABBEY
- NORTH YORK MOORS NATIONAL PARK
- YORK MINSTER
- YORKSHIRE MUSEUM
- PARKER LIBRARY
- ANGLO-SAXON BURIAL SITE AT SUTTON HOO
- WEST STOWE ANGLO-SAXON VILLAGE
- CHAPEL OF ST. PETER-ON-THE-WALL
- ST. AUGUSTINE'S ABBEY
- ST. MARTIN'S CHURCH
- WINCHESTER CATHEDRAL



The Towers of York Minster loom over one of the city's ancient gates

Tour Map



“The absolute most amazing vacation I've ever been on...”

-Jessica H., San Francisco, CA

Tour Details & Registration Information

ANGLO-SAXON BRITAIN

2019 DATES

July 28—August 4, 2019 (Sojourn #1031931)

PRICE

\$3,195/Person (double occupancy)
\$3,595/Person (single occupancy)

[CLICK HERE TO REGISTER ONLINE](#)

TOUR BEGINS

Newcastle upon Tyne, England

TOUR CONCLUDES

Winchester, England

OPTIONAL AIR PACKAGE:

\$1,195/Person*

*Includes round-trip, economy airfare, airport transfers in the UK, and 100% travel assurance. Price subject to change until booked.

REGISTRATION AND PAYMENT INFORMATION

TO REGISTER

Call us: 1-800-419-3443 - We are ready to assist you Monday to Friday from 9:00 AM to 5:00 PM (EST).

Visit us at: www.scholarlysojourns.com - Here you will find an online registration form as well as a printable version.

PAYMENT SCHEDULE

Due within 14 days of registration: \$500/person deposit
Due 90 days prior to departure: Balance

TRAVEL INSURANCE

Scholarly Sojourns highly recommends that all of our tour participants purchase travel insurance to protect their trip. We will send further information once you have been confirmed on a sojourn.

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PRICE INCLUDES

Eight-day travel program of sightseeing, visits, presentations, and discussions led by Michael Drout; 7 nights accommodation in superior, boutique hotels; 7 breakfasts, 1 lunch, 4 dinners, 2 receptions; excursions and all other activities described in the day-to-day tour summary; entrance fees; tour guides; ground transportation; the services of a dedicated Scholarly Sojourns Tour Director who accompanies the tour group; all gratuities (except for hotel porters). **Included meals are indicated in brackets following each daily description: B = Breakfast; L = Lunch; D = Dinner; R = Reception.**

PRICE DOES NOT INCLUDE

Airfare; airport transfers; meals not indicated in this detailed itinerary; beverage options other than water, wine, beer, or soft-drinks with group meals; local transportation by bus, taxi, metro or light rail; passport or visa fees and necessary photos; immunizations; excess baggage charges; airport taxes; travel insurance, medical, hospitalization, or evacuation costs; gratuities for hotel porters; laundry; other personal items, including incidental hotel charges; any other item not specifically indicated.

ARRIVAL AND DEPARTURE INFORMATION

MEETING LOCATION AND TIME

There are two meeting points for this tour: Newcastle upon Tyne rail station and Newcastle Airport. Those making their own travel arrangements should plan to arrive at one of these locations by 12:00 Noon on Sunday, July 28, 2019. You will be greeted here by your Scholarly Sojourns Tour Director who will arrive with the coach that will take you north to Bamburgh where the sojourn will officially begin at approximately 1:30 PM.

CONCLUSION AND DEPARTURE

Your tour concludes at approximately 12:00 PM on Sunday, August 4th in Winchester, England. An optional shuttle will be offered for those wishing to travel from there to Heathrow Airport or central London. If making your own flight arrangements, please allow for enough time to travel to the airport after the program ends.

EARLY ARRIVAL OR LATE DEPARTURE

Scholarly Sojourns is happy to assist you with booking additional nights prior to the start of your tour or following its conclusion. Often we are able to secure better rates than are available to the public. We are also happy to provide itinerary suggestions should you wish to do additional travel Britain.



SCHOLARLY SOJOURNS | www.scholarlysojourns.com

2723 South State Street · Suite 150 · Ann Arbor, Michigan 48104